



ACU-MICRONEEDLING

Pre-Care Instructions: Please put your initials by each instruction to verify that you have read and understand.

1. ____ The client must disclose any medical conditions, allergies, or medications they are currently taking that may affect the Acu-Microneedling treatment.
2. ____ The client must refrain from using any exfoliating products, retinol, Vitamin C, or chemical peels on the treatment area for at least one week prior to the session.
3. ____ The client should avoid direct sun exposure or use of tanning beds for at least one week before the treatment.
4. ____ The client must inform the practitioner if they have any open wounds, infections, or active cold sores in the treatment area.
5. ____ The client should arrive with clean, makeup-free skin on the day of the treatment.
6. ____ The client should drink plenty of water and maintain a healthy lifestyle to promote optimal skin health.

Post-Care Instructions:

Aftercare guidelines for Acu-Microneedling can help ensure optimal healing and minimize any potential side effects. Here's a list of general aftercare guidelines to follow: (please initial each instruction to verify your read and understand)

1. ____ Keep the treated area clean and avoid touching it unnecessarily. Use a gentle cleanser recommended by your skincare professional.
2. ____ Avoid applying any makeup, creams, or skincare products for at least 24 hours after the procedure to allow the skin to heal.
3. ____ Avoid direct sun exposure for 3-7 days and apply a broad-spectrum sunscreen with SPF 30 or higher to the treated area whenever you go outside, even on cloudy days. Protecting your skin from UV rays is crucial during the healing process.
4. ____ Avoid swimming in chlorinated pools, hot tubs, or saunas for at least 72 hours after treatment, as these can irritate the skin.
5. ____ Refrain from vigorous exercise, strenuous activities, and activities that cause excessive sweating for at least 48 hours after the procedure.
6. ____ Avoid using exfoliating products, retinol, or any harsh skincare ingredients on the treated area for at least one week.
7. ____ Use the after care products suggested by your provider.
8. ____ Avoid picking, scratching, or peeling the treated area, as this can lead to infection and scarring. Let the skin naturally shed and heal.
9. ____ If you experience any discomfort or excessive redness, swelling, or prolonged irritation after the procedure, contact your provider for guidance.



Remember, these guidelines may vary depending on your specific treatment and the recommendations of your skincare professional. It's important to consult with them directly to ensure you receive accurate and personalized aftercare instructions.

Acu-Microneedling Consent Contract:

I, _____, understand and agree to the following terms and conditions regarding the microneedling treatment:

1. Purpose and Procedure: a. I understand that Acu-Microneedling is a cosmetic procedure that involves the creation of controlled micro-injuries to stimulate collagen production and improve the appearance of my skin. b. I have been informed about the benefits, potential risks, and possible side effects of the procedure.
2. Suitability and Expectations: a. I have disclosed all relevant medical conditions, allergies, medications, and previous cosmetic procedures to the practitioner. b. I understand that the results of Acu-Microneedling may vary, and there is no guarantee of specific outcomes. c. I have discussed my expectations with the practitioner, and they have provided me with realistic information about the potential results.
3. Risks and Complications: a. I understand that the Acu-Microneedling procedure carries certain risks:
 - Skin will be pink or red and feel warm, like mild sunburn, tight & itchy, usually subsides in 12-24 hrs
 - Minor flaking or dryness of the skin, with scab formation in rare cases.
 - Crusting, discomfort, bruising and swelling may occur.
 - Pinpoint bleeding.
 - It is possible to have a cold sore flare if you have a history of outbreaks.
 - Freckles may lighten temporarily or permanently disappear in treated areas.
 - Infection is rare but if you see any signs of tender redness or drainage, notify our office immediately.
 - Hyperpigmentation (darkening of the skin) rarely occurs and usually resolves itself after a month.
 - Permanent scarring (less than 1%) is extremely rare.
4. I acknowledge that there is a risk of adverse reactions or complications related to my individual health condition or skin type.
5. Aftercare and Follow-up: a. I will comply with the pre and post-care instructions provided by the practitioner to optimize the results and minimize potential complications. b. I understand the importance of scheduling and attending any recommended follow-up appointments.
6. Voluntary Consent and Release: a. I have had the opportunity to ask questions and discuss any concerns regarding the Acu-Microneedling procedure. b. I hereby consent to undergo Acu-Microneedling voluntarily and release the practitioner and the facility from any liability associated with the treatment, except in cases of proven negligence.

I have read and understood the above information and hereby acknowledge my agreement by signing below:



Client's Name: _____ Client's Signature: _____

Date: _____

Practitioner's Name: _____

Name _____

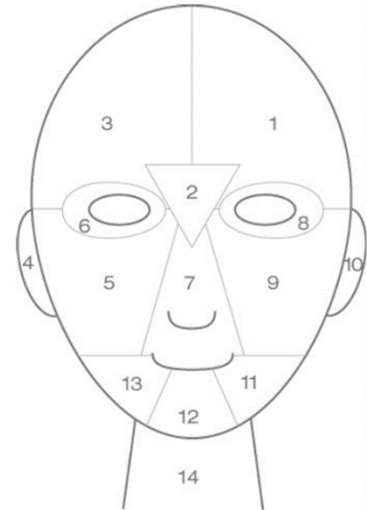
Address _____

Birthdate _____

Email Address _____

Phone Number _____

Put an X by your areas of concern



What are your biggest concerns?

Aging/ Wrinkly Skin Dull/ Uneven Complexion
Thinning/Balding Hair Forehead Eye Lids

Crows Feet Eye Bags & Under Eye Hollowing Cheeks Marionette / Mouth Lines

Loose Neck / Sagging Jaw Age Spot, Scar, Sun Spot & Acne

Providers Notes _____



WHAT TREATMENT IS BEST FOR ME?

ALL INCLUSIVE PACKAGES

COSMO ACU + BODY ACU + MICRO NEEDLING



- WRINKLE REDUCTION & FACIAL LIFT
- ABSOLUTE BEST COMBINATION ORGANIC FACIAL REJUVENATION
- 3-5 YEARS OF RESULTS WITH NO MAINTENANCE
- RESEARCH RECOMMENDED
- LOOK & FEEL YOUR ABSOLUTE BEST

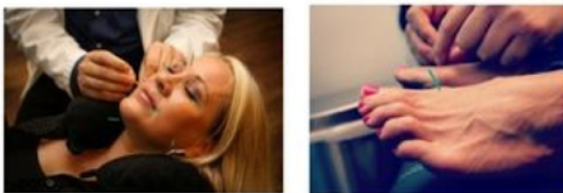
MICRO NEEDLING WITH VEGAN STEM CELLS



- WRINKLES & LINES
- AGE SPOTS & DISCOLORATIONS
- ACNE OR NORMAL SCARRING
- REC ONCE A MONTH
- SKIN TEXTURE & SMALLER PORES
- FULL RESULTS AT 6 TREATMENTS

COSMETIC ACUPUNCTURE

INCLUDES BODY ACUPUNCTURE



- A NATURAL FACIAL LIFT
- TIGHTEN SAGGING SKIN OR A DOUBLE CHIN
- BETTER SKIN TEXTURE & TONE
- REC ONLY ONCE A WEEK
- TOTAL BODY & FACE WELLNESS
- FULL RESULTS AT 24 TREATMENTS

BODY ACUPUNCTURE

PAIN, STRESS, WEIGHT LOSS, HORMONES



- OFTEN QUICK RESULTS
- CAN ADDRESS MANY ISSUES AT ONCE
- BUDGET FRIENDLY
- AN INVESTMENT TOWARDS YOUR HEALTH & EVERYDAY WELLBEING



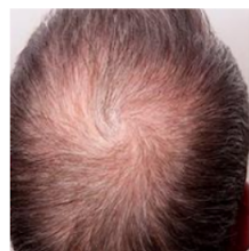
ACU-MICRONEEDLING

By Dr. Maria Johnson Narveson, L.Ac, DACM

The innovative fusion of acupuncture and microneedling for rejuvenated, radiant, youthful skin and hair growth.



Anti-Aging



Hair Growth



Acne Treatment

ACUMICRONEEDLING

Single Treatment

\$325

includes:

microneedling and nanoneedling on the face, neck or décolletage

BASIC ACUMICRONEEDLING PACKAGE

Package Treatments

\$1200

Includes:

- Four (4) AcuMicroneedling sessions (one month apart)
- Four (4) Cosmetic/body acupuncture treatments (done 2 weeks after each Acumicroneedling session)
- AcuLight Red Light therapy at each appointment.
- Includes Traditional Chinese Herbal Serums
- Herbal Rejuvenation Aftercare Kit

4 MONTH ACUMAKEOVER PACKAGE

Supreme Package Treatments

\$1600

Includes:

- Four (4) AcuMicroneedling sessions (one month apart)
- Eight (8) Cosmetic/body acupuncture treatments (done 2 weeks after each Acumicroneedling session and weekly in between)
- AcuLight Red Light therapy at each appointment
- Traditional Chinese Herbal Serums
- Herbal Rejuvenation Aftercare Kit

FOR MORE
INFORMATION



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www.pointofrenewal.com