

## ZYTO Questionnaire

Today's Date \_\_\_\_\_

Name \_\_\_\_\_ E-mail address \_\_\_\_\_

Phone: Cell \_\_\_\_\_ Home \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_

Zip \_\_\_\_\_ Occupation \_\_\_\_\_ Employer \_\_\_\_\_

Emergency Contact: Name \_\_\_\_\_ Phone \_\_\_\_\_

Primary Care Practitioner: \_\_\_\_\_ Sex M / F Birth date \_\_\_\_\_ Age \_\_\_\_\_

Marital Status \_\_\_\_\_ No. of Children \_\_\_\_\_

Is this your first time getting acupuncture? **Y / N** How did you hear about us? \_\_\_\_\_

**Major Symptoms:** Please list in order of importance what symptoms are of concern to you. (most concerning to least, along with the duration of the symptom)

1) \_\_\_\_\_

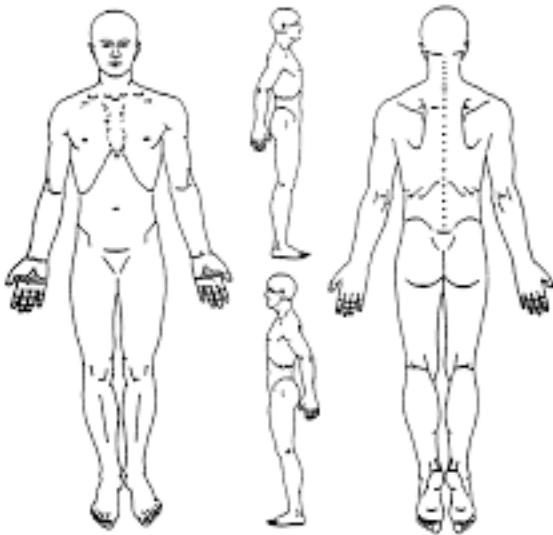
2) \_\_\_\_\_

3) \_\_\_\_\_

4) \_\_\_\_\_

Are you experiencing pain/discomfort in any area of your body? **Y / N**

Please rate your pain level. 1 2 3 4 5 6 7 8 9 10



Use the picture below to indicate the location of the discomfort by using the symbol that best describes the feeling:

N N N Numbness

P P P Pins & Needles

D D D Dull/Aching

T T T Tightness

X X X Sharp/Stabbing

Please list any surgeries or major injuries with dates.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Do you have a pacemaker or any metal devices in your body? **Y / N**

Do you have an exercise routine? Please describe.

\_\_\_\_\_

How many hours per night do you sleep on average?

\_\_\_\_\_

\_\_\_\_\_

Do you wake rested? **Y / N**

\_\_\_\_\_

Nicotine Use:

Alcohol Use (#drinks/week and type):

Caffeine Use (#drinks/day and type): \_\_\_\_\_

\_\_\_\_\_

List any medications or supplements you have taken in the last 2 months.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please check all that apply

Energy and Immunity

- ☐ Fatigue
- ☐ Allergies
- (Specify) \_\_\_\_\_
- ☐ Anemia
- ☐ Chronic Fatigue Syndrome
- ☐ Thyroid Problems
- ☐ Tendency to Catch Colds

Head, Eye, Ear, Nose, and Throat

- ☐ Eye Dryness
- ☐ Blurry Vision
- ☐ Poor Night Vision
- ☐ Ear Ringing
- ☐ Hearing Difficulties
- ☐ Headaches / Migraines
- ☐ Teeth Grinding / TMJ
- ☐ Sore Throat
- ☐ Chronic Sinus Congestion
- ☐ Dry Mouth
- ☐ Bad Breath
- ☐ Mouth Sores / Bleeding Gums
- ☐ Increase in Thirst

Emotions / Sleep

- ☐ Mood Swings
- ☐ Anxious / Worried
- ☐ Depressed
- ☐ Irritable
- ☐ Difficulty Making Decisions
- ☐ Stressed
- ☐ Insomnia
- ☐ Nightmares
- ☐ Difficulty Falling or Staying Asleep

Respiratory/Cardiovascular

- ☐ Shortness of Breath
- ☐ Asthma
- ☐ Chest Pain
- ☐ Palpitations / Fluttering
- ☐ Poor Circulation (Cold hands/feet)
- ☐ Chronic Cough
- ☐ Night Sweats
- ☐ Unusual Sweating
- ☐ Hot/Cold Intolerance

Gastrointestinal

- ☐ Ulcers
- ☐ Changes in Appetite
- ☐ Nausea / Vomiting
- ☐ Bloating / Pain
- ☐ Gas
- ☐ Heartburn / Acid Reflux
- ☐ Belching
- ☐ Hemorrhoids
- ☐ Diarrhea
- ☐ Constipation
- ☐ Sudden Weight Change

Kidney/Urinary

- ☐ Painful Urination
- ☐ Frequent Urinary Tract Infections
- ☐ Frequent / Urgent Urination
- ☐ Edema / Swelling

Musculoskeletal

- ☐ Neck / Shoulder Pain
- ☐ Muscle Spasms / Cramps /
- Weakness
- ☐ Arm Pain
- ☐ Finger Pain / Tingling / Numbness
- ☐ Upper Back Pain
- ☐ Mid Back Pain
- ☐ Low Back Pain
- ☐ Leg / Knee Pain
- ☐ Foot / Ankle Pain
- ☐ Hip / Pelvic Pain
- ☐ Arthritis

Neurological

- ☐ Vertigo / Dizziness
- ☐ Numbness / Tingling
- ☐ Difficulty Concentrating / Poor

Memory

Skin

- ☐ Rashes / Eczema / Hives / Psoriasis
- ☐ Dry Hair or Hair Loss
- ☐ Changes in Skin Color
- ☐ Easy Bruising
- ☐ Acne
- ☐ Dry / Itchy Skin

Female Health

- ☐ Irregular Cycle
- ☐ Heavy Flow
- ☐ Light Flow
- ☐ Clots in Menstrual Blood
- ☐ Menstrual Related Moodiness
- ☐ Menstrual Related Breast
- Tenderness
- ☐ Menstrual Related Bloating
- ☐ Bleeding Between Cycles
- ☐ Painful Periods (Is pain before, during and/or after period?)
- ☐ Hot flashes
- ☐ Vaginal Dryness
- ☐ Breast Lumps / Cysts
- ☐ Uterine Fibroids
- ☐ Endometriosis
- ☐ Ovarian Cysts
- ☐ Unusual Vaginal Discharge Odor
- ☐ Frequent Yeast Infections
- ☐ Decreased Libido

Male Health

- ☐ Prostate Enlargement
- ☐ Impotence
- ☐ Premature Ejaculation
- ☐ Decreased Libido
- ☐ Groin Pain

Medical History

Do you or have you had any of the following conditions? If yes, please indicate date of diagnosis.

Cancer type: \_\_\_\_\_

- ☐ Diabetes
- ☐ Heart Disease
- ☐ Hepatitis
- ☐ High Blood Pressure
- ☐ High Cholesterol
- ☐ HIV
- ☐ Mental Illness Seizures
- ☐ Stroke
- ☐ Thyroid Disease

# Point of Renewal ACUPUNCTURE

**Point of Renewal Acupuncture, LLC**  
**Maria L Johnson Narveson, L. Ac.**  
**610 A-2 West Avenue Rice Lake, Wi 54728**  
**(715)296-7467**

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## **Consent to Privacy Policy, Payment and Health Care Operation**

I consent to the use or disclosure of my identifiable health information by Point of Prosperity, LLC dba Point of Renewal Acupuncture for the purposes of diagnosis or providing treatment to, obtaining payment for my health care bills or to conduct health care operations. I understand that diagnosis or treatment of me at Point of Renewal Acupuncture may be conditioned upon my consent as evidenced by my signature on this document.

I understand I have the right to request a restriction as to how my identifiable health information is used or disclosed to carry out treatment, payment or health care operations of the practice. Point of Renewal Acupuncture is not required to agree to the restrictions that I may request. However, if Point of Renewal Acupuncture agrees to a restriction that I request, the restriction is binding upon Point of Renewal Acupuncture. I have the right to revoke this consent, in writing, at any time except to the extent that Point of Renewal Acupuncture has taken action in reliance on this consent.

My *identifiable health information* means health information, including my demographic information, collected from me and created or received by my practitioner, another health care provider, a health plan, my employer or a health care clearinghouse. This identifiable health information relates to my past, present or future physical or mental health or condition and identifies me, or there is a reasonable basis to believe the information may identify me.

I understand I have the right to review Point of Renewal Acupuncture Notice of Privacy Practices prior to signing this document. The Notice of Privacy Practices describes the types of uses and disclosures of my identifiable health information that will occur in my treatment, payment of my bills or in the performance of health care operations of Point of Renewal Acupuncture. The Notice of Privacy Practices is also provided at the front desk and on the organization's web site at [www.pointofrenewalacupuncture.com](http://www.pointofrenewalacupuncture.com). This Notice of Privacy Practices also describes the rights and the duties of my practitioners and staff with respect to my identifiable health information. Point of Renewal Acupuncture reserves the right to change information contained in the Notice of Privacy Practices at any time. I may obtain a revised Notice of Privacy Practices by accessing the website or requesting the most current notice during any office visit.

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Signature of Patient or Authorized Representative      Date

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Printed Name and Relationship if under 18 years of age

## FINANCIAL AGREEMENT

### Cash Payment Patients

- Payment is due at the time of service.

### Health Insurance Patients

- Co-pay or co-insurance is due at the time of service. Any optional therapies chosen by you and not covered by insurance are also due at time of service.

### Auto Insurance Claims

- Patients with injuries related to an auto accident must inform Point of Renewal Acupuncture at the time of their first appointment.

### Other

- We have a 24-hour cancellation policy.
- Balances due that are not paid within 90 days will be sent to collections.
- A 1% service charge will be applied to any unpaid balanced past 30 days.

### INSURANCE PATIENTS

- As a courtesy we bill your insurance carrier. However, it must be understood that the contract is between you and your insurance carrier and you are fully responsible for any amount that they do not pay.
- Our office does not guarantee that your insurance will pay. Some insurance companies do not cover acupuncture. We will assist you, if necessary, in making every attempt to receive verification of your policy. If for any reason your claim is denied, you are responsible for the full amount of your bill.
- Our office will not enter into a dispute with your insurance company over any unpaid claim.
- If your insurance requires a referral from your primary care physician for treatment, you will be responsible for payment of all services until our office has received a hard copy of the referral. If at a later date your insurance reimburses for services that you paid for at the time of the visit, that amount will be refunded to you.
- Failure to provide us with adequate information regarding your insurance may result in a denial from your insurance carrier and you will be responsible for any unpaid balance. Please make sure that we have all the necessary information to process your claim.
- A copy of our fee schedule is available upon request.

### ASSIGNMENT AND RELEASE

I hereby authorize my benefits to be paid directly to Point of Renewal Acupuncture. I am financially responsible for any balance due. I also authorize the practitioner(s) listed to release any information required for this claim. I authorize the release of any medical or other information necessary to the process of this claim. I also authorize payment of government benefits either to myself or to the party who accepts assignment in Box 27 of the CMS 1500 form on which claims for me are submitted.

BY SIGNING BELOW, YOU ARE ACKNOWLEDGING YOUR UNDERSTANDING OF THE FINANCIAL POLICIES DESCRIBED ABOVE.

**I HAVE READ AND UNDERSTAND THESE POLICIES AND MY RESPONSIBILITY CONCERNING THE PAYMENT OF THESE SERVICES.**

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Print Name

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Relationship to Patient

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Signed

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Date