



Welcome to Point of Renewal Integrated Health! Thank you for choosing us to support your wellness journey. Please take a few moments to complete this form. It will help us understand your needs and recommend the best services for you.

Personal Information

Full Name: _____ **Date of Birth:** _____ **Are you a Veteran? Y / N**

Phone Number: _____ **Email Address:** _____

Address: _____ **Preferred Contact Method:** Phone Email Text

Health Overview

1. **What are your primary health concerns or goals?** (Select all that apply)

- | | |
|--|--|
| <input type="radio"/> Pain Relief | <input type="radio"/> Improved Energy Levels |
| <input type="radio"/> Stress/Anxiety Reduction | <input type="radio"/> Skin Health & Aesthetics |
| <input type="radio"/> Inflammation Reduction | <input type="radio"/> Other: _____ |
| <input type="radio"/> Emotional Well-being | |

2. **Please describe any specific symptoms, conditions, or areas of concern:**

Would you like to learn more about any particular services?

Yes (Specify): _____ No

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### Practitioner Notes

**Recommended Services:** \_\_\_\_\_

**Follow-Up Plans:** \_\_\_\_\_

**Thank you for sharing this information with us! Together, we'll create a personalized plan to help you achieve your wellness goals**



### Services Offered

- **Acupuncture:** Stimulates specific points on the body to balance energy flow, relieve pain, and improve physical, mental, and emotional health.
- **Cupping:** Uses suction to improve blood flow, reduce inflammation, and promote relaxation.
- **Applied Kinesiology:** Evaluates muscle strength to identify imbalances and guide treatments.
- **Acu-Microneedling:** Combines microneedling, acupuncture, and red light therapy to boost collagen, reduce wrinkles, and improve skin health.
- **Red Light Therapy:** Stimulates cellular repair, reduces inflammation, and supports skin rejuvenation.
- **ZYTO Elite Scan:** Non-invasive biocommunication tool that provides personalized health insights.
- **Integrative Wellness Fusion:** Tailored sessions blending acupuncture, Reiki, kinesiology, and more for physical and emotional healing.
- **LET (Lymphatic Enhancement Technique):** Promotes detoxification and immune function by improving lymph flow.
- **Raindrop Technique:** Combines essential oils and massage to align energy and boost immunity.
- **Access Bars:** Light touch to the head's energy points for relaxation and clearing mental clutter.
- **Reiki:** Energy healing to enhance relaxation, reduce stress, and promote self-healing.
- **BioMat:** Infrared heat therapy for pain relief, muscle relaxation, and improved circulation.
- **Vitaflex Reflexology:** Stimulates reflex points on the feet to enhance energy flow and wellness.
- **Thermography Screening:** Infrared imaging to detect and monitor health concerns non-invasively.
- **Electrolysis:** Permanent hair removal using targeted electric currents.
- **Body Waxing:** Temporary hair removal for smooth skin.
- **Thermocoagulation:** Precise treatment for skin imperfections like tags, veins, and age spots.
- **Lakeland Clinic Services:** Offers physical exams, same-day services, and lab tests in a nurturing setting.
- **Foot Levelers Custom Orthotics:** Balances feet and spine to alleviate pain and improve body mechanics.
- **HydroMassage Bed:** Water-powered massage for relaxation and tension relief.